

What is the 8-fold path?

- ☀️ Eightfold Path – Buddhist guide to living wisely.
- 👁️ Right View – understanding Buddha's teachings.
- 🗣️ Right Speech – speaking truthfully & kindly.
- 🧠 Right Mindfulness – being aware of thoughts & actions.
- 🏯 Temple Worship – helps Buddhists follow the Dharma.

Eight-gold path - This is the way Buddhists try ~~live to~~ to live to achieve enlightenment

Right view - understanding people Buddha's teachings and others views.

Right thought - considering others

Right speech - no swearing, ~~gossiping~~ gossiping or ill speaking.

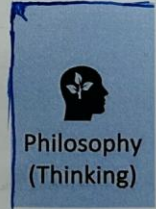
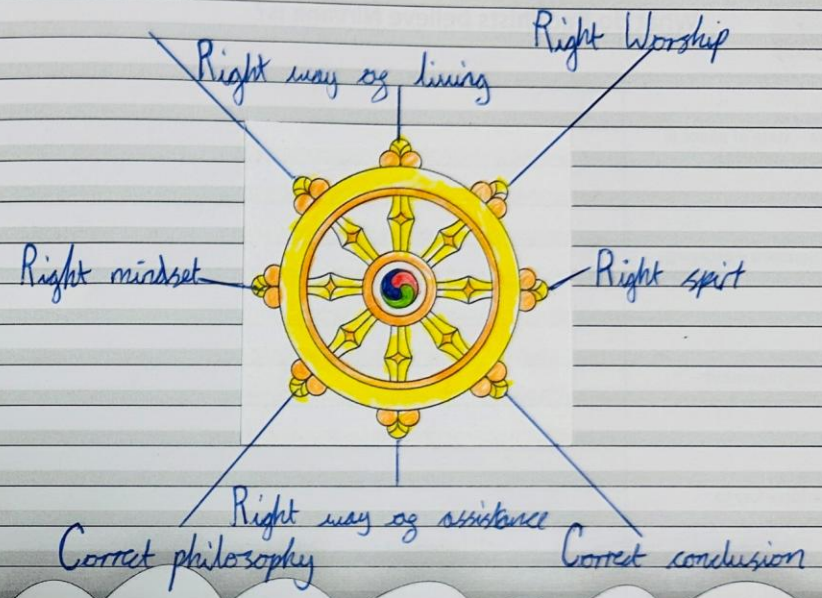
Right actions - no unnecessary actions like adultery or hurting others.

Right livelihood - a job that helps society.

Right effort - putting in 101%.

Right mindfulness - the right thoughts and self

Right concentration - focus on learning.



Philosophy (Thinking)

What path might a Buddhist say is the most important and why?

A Buddhist may say right concentration is the most important ~~because~~ because intelligence is one of the most important ~~qualiti~~ qualities in life. ~~The right~~ Great intelligence allows knowing how to follow the rest of the 8-gold path